

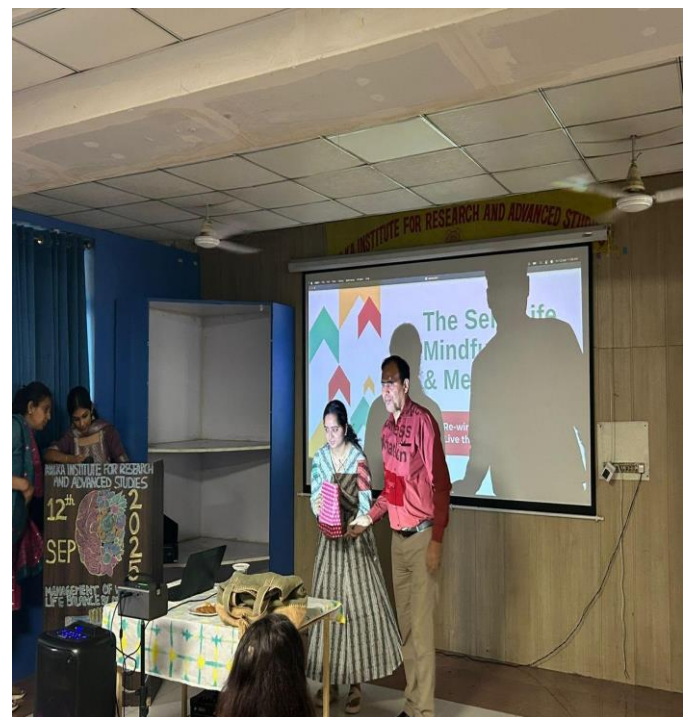
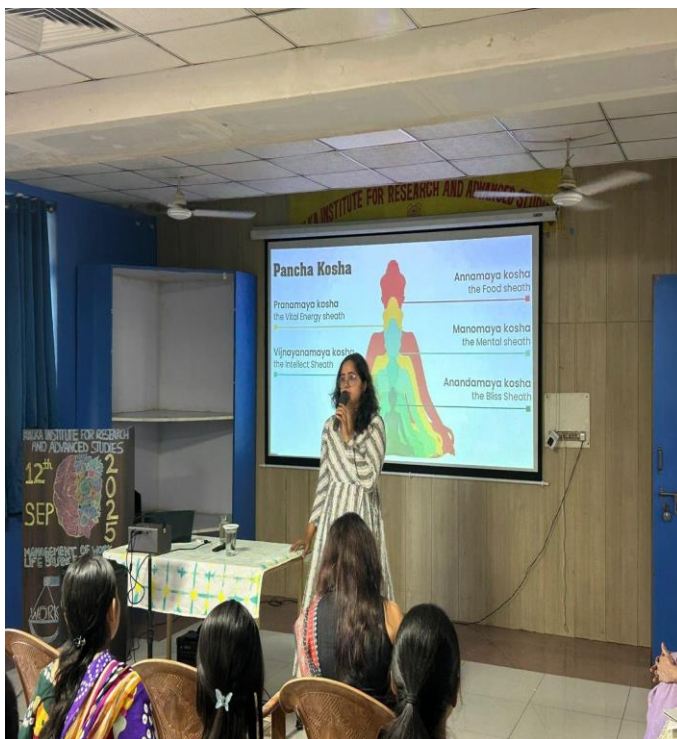
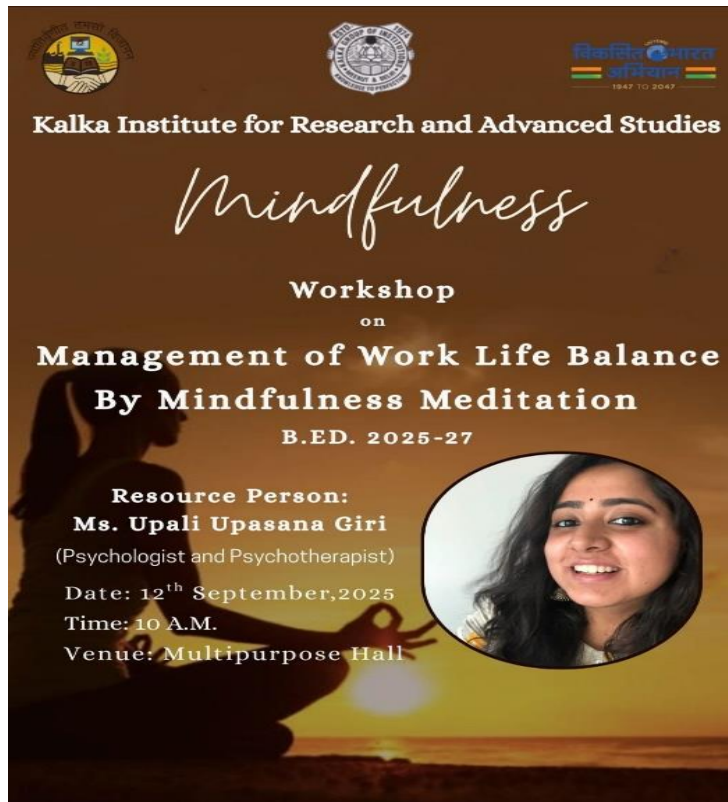
## Workshop on “A significant event or experience in life” (29/08/2025)

On August 29, 2025, our college organized a workshop on the theme “**Significant Event or Experiences in Life**” for the B.Ed. students as per their curriculum. The objective of the workshop was to provide an opportunity for students to reflect upon and share meaningful experiences from their personal lives that have influenced their growth, values, and outlook. The reflective session allowed participants to express the lessons learned from their experiences. Students highlighted values such as patience, empathy, perseverance, and confidence.



## Workshop on Mindfulness (12/09/2025)

A workshop on *Mindfulness* was conducted in our institution on 12/09/2025 with the objective of enhancing awareness, concentration, and emotional well-being among students/teachers. The primary objective of the workshop was to help participants understand the importance of being present in the moment, managing stress, and developing a positive mind set for personal and academic growth.



## Workshop on Understanding Working in Groups (16/09/2025)

On September 16, 2025, the Department of Education conducted a workshop under the theme “Understanding the Self,” with a focus on the topic “Working in Groups.” The main objective of the workshop was to help participants understand the importance of teamwork, develop effective communication skills, build cooperation, and learn strategies for resolving conflicts while working in groups. It also aimed to make them aware of different roles in a team and how collaborative efforts lead to better outcomes.





## Workshop on Language Development (8/04/2026)

A Language Development Program (LDP) titled “LINGO LEAP” was organized with the objective of enhancing students’ critical thinking, confidence, communication skills, creativity, and overall language proficiency. The resource Persons were MED Scholars .The LINGO LEAP began with a story writing activity highlighting the importance of imagination, collaboration, and structured expression in language development. Nine groups of five students each were formed. Each group was provided with an A-3 size sheet and the beginning of a story. Students enthusiastically completed the stories on their own, showcasing remarkable creativity and teamwork. Everyone performed very well, with some groups creating truly amazing, original, and engaging narratives. The groups then presented their completed stories in front of the entire audience, which further boosted their confidence and public-speaking abilities.





